

Southern Flare

LASH + BEAUTY BAR

Please be aware that the permanent makeup is a 2 step procedure, the initial procedure and the following touch up is in between 1-3 months. After 3 months this will not be considered as a touch up, and it will cost you extra. We can adjust the color and the shape upon your arrival for your touch up appointment.

***** THERE WILL BE NO REFUNDS *****

Before Care

- Do not work out the day of the procedure.
- Do not tan or have sunburned face.
- Do not take Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 24 hours before procedure.
- No alcohol or caffeine 2 days before the procedure.
- No waxing or tinting 3 days before the procedure.
- Please note that you will be more sensitive during your menstrual cycle.
- No tweezing/ waxing at least 48 hours before procedure; electrolysis no less than five days before. Do not resume any method of hair removal for at least two weeks.
- Eyelash or eyebrow tinting or eyelash curling should be done no sooner than 48 hours before, or two weeks after the procedure.
- Do not wear contact lenses during or immediately following the eyeliner procedure. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-tattooed condition.
- All Lip Procedure clients with a history of cold sores must get a prescription for Valtrex to start before your appointment

After Care

- **NO** creams, makeup or any other products on treated area for 10 days, unless given by your technician.
- **Day 1** Every hour following your procedure gently wipe your eyebrows back and forth with distilled water & cotton squares or tissues. This removes any excess ointments or lymph fluids.
- **Day 2-10** Cleanse eyebrows morning and night with **Cetaphil Facewash**, then pat dry. Apply a thin layer of **Grapeseed Oil** to brows.
- **DO NOT** rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking your scabs can cause scarring.
- Avoid direct sun exposure or tanning for 3-4 weeks after procedure.
- Avoid heavy sweating for the first 10 days.
- **NO** facials, botox, chemical treatments and microdermabrasion for 4 weeks.

Permanent makeup NOT recommended for any clients who are or have:

- Pregnant or nursing
- Diabetic
- Chemotherapy (consult your doctor)
- Viral infections and/or diseases
- Pacemaker or major heart problems
- Organ transplant
- Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (cold, flu, etc.)
- Botox in the past 2 weeks

Long term care

- Use a good sunscreen after 10 days, sun exposure will fade your permanent cosmetics
- If you are planning a chemical peel, laser procedure or an MRI scan, please inform the technician/your care provider of your permanent cosmetics.
- The use of RetinA/Tretinoin, chemical peels and acid peels or any other rapid skin exfoliation products used on the forehead area will cause the permanent makeup of the eyebrow area to fade prematurely.

Additional Information

Please be aware that the result of the procedure is depending the following: Medication and health conditions, Skin Conditions - i.e. oily and poor skin, very dry/flaky skin, sun-damaged skin, loose or lax skin, Natural skin undertones, Alcohol intake and smoking, General stress, immune system, Poor diet and not following the aftercare instructions, may affect your healed results .

Antacids, thyroid and anxiety medications have been reported as interfering with permanent makeup either by affecting retention or shifting the pigment to an undesirable tone. Remember, everything we eat and drink have their own chemical structure and the electron ends that are unattached or free, may get attached to others compounds inside the body forming a new molecule that may show a different color spectrum. With that info, an educated client may have better expectation and know that she / he may need more frequent adjustments than others. The better condition your skin is in, the better the final result will be. Mature clients may need an additional one to two weeks healing for the final results to appear. The better you take care of your skin and protect it from UV rays, the better the outcome and lifespan of the permanent cosmetic procedures.

Approximate Daily Healing Schedule for Permanent Cosmetics

Eyebrows

1-2 Your brows are approximately 20-40% darker, bolder and more solid than your healed result. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of darker color. There may be minimal swelling but because typically the eyebrow area does not retain much fluid, swelling will be limited. The top layers of skin will begin to shed on about day 5-7 days , and you will see a loss of color. This is normal. Do not scratch/ pick!

3-4 Your eyebrows may begin to itch and the pigment may appear somewhat raised. Do not scratch/ pick!

5-7 The skin is now rapidly exfoliating and will shed evenly if left alone. The color under the exfoliating skin will start to appear very light and day by day it will start to appear darker. **Please be patient and give the color a couple of weeks to become darker.**

30-40 Now is the time to critique your brows, the tattoo has now become part of the dermis, seen under the epidermis.

Eyeliner

1 You may experience slightly puffy to swollen eyes, heavy lids, light sensitivity and bloodshot pupils. Your eyes may feel more swollen than they appear. Please try to sleep in an elevated position to help reduce swelling at night. You may not want to use your best pillowcase the first two nights.

2 Eyes will be swollen and perhaps 'crusty' upon waking. The swelling will disappear from being in an upright position and increasing circulation to the area. Avoid heavy lifting, physical exertion and crying.

4 Pigment within the epidermis will begin to flake off in little stitch looking lines, although some people do not notice the exfoliation at all. Do not scratch/ pick!

5 Blinking helps to eliminate the small pieces of pigment and epidermis which has detached. Do not scratch/ pick!

6 All shedding should be complete. You're safe to put your face back in the shower spray.

I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE AFTERCARE INSTRUCTIONS.

Client Signature: _____

Date: _____

If any signs of an infection arise please contact me and your physician immediately

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